



*A Publication of the Sahuaro High*  
**COUGAR FOUNDATION**

*Incorporated November 22, 1992*

## The President's Tracks

**By Jack Lehmkuhl, President**

### Cougar Foundation Board

Jack Lehmkuhl, President  
Phoebe Chalk,  
Vice-President  
Fran Johnson,  
Secretary-Treasurer  
Marti Jones  
Cougar Tracks Editor

### Members-At-Large

Harry Johnson, Co-Founder  
Pattie Amado  
Jan Boyd  
Tina Wainwright Connors  
Bobby Estrella  
Darren Gargus  
Penn Hightower  
Sandy Novak  
Joni Pabst  
Donna Pierson  
Scott Rumel  
Mindy Crist Webb

As the New Year begins I would like to welcome back the returning board members. Our officers will remain the same with Phoebe Chalk as the Vice-President, Fran Johnson the Secretary-Treasurer, and Marti Jones, Cougar Track Editor. It is with great regret that we will no longer have Bob Vielledent as a board member. Due to health issues Bob has resigned and we will dearly miss his participation.

Last October we inducted four new members to the Hall of Fame. They are Peter DeMars, Dr. Alan Kaye, Mark Mistler, and Sandy Novak (a current board member and faculty member.) It is always wonderful to recognize the accomplishments of Sahuaro alumni and administration/faculty/staff members.

The Foundation's primary fund raiser, the Dick Arnold Memorial Golf Tournament, will be held on April 14<sup>th</sup>, at Forty-Niner's Country Club. We look forward

to seeing numerous Sahuaro alumni and retirees at this event. Please reserve this date on your calendars.

It was with great pleasure that the Cougar Foundation recently presented each faculty member with a 4GB jump drive. We greatly appreciate the job these teachers do in educating our students.

Remember to visit our web site, [www.sahuarocougarfoundation.org](http://www.sahuarocougarfoundation.org), to keep up with recent activities and ongoing projects we are involved in supporting. All necessary forms are also available to nominate prospective members to the Sahuaro Hall of Fame.

Finally, we are always looking for additional Board members. If interested please contact any current Board member.

## The Founder's Corner

**By Harry Johnson**



*Harry Johnson  
Co-Founder of the  
Cougar Foundation &  
Cougar Hall of Fame*

As we look back to 2011, we can be pleased with the activities of the Foundation. We have an outstanding Board of Directors and have added two new members with Pattie Amado, Class of 1978, coming on board last January; and Tina Wainwright Connors, Class of 1983, coming in September. We also are pleased

to have Assistant Principal Bobby Estrella on the board. We were sorry to see Billy Lopez and Bobby Vielledent resign after years of productive service. We wish them well and value their membership in the Foundation. All in all the board members are contributors and dedicated to Sahuaro.

*(Continued on page 2—Founder)*



**Founder-continued**

2011 HOF Guest  
Speaker Joseph Blair



HOF Inductees (L-R) Michael Mistler,  
Peter DeMars, Dr. Alan Kaye, &  
Sandy Novak



Sahuaro's band brought attendees to their feet with a fine rendition of the fight song.

The annual Hall of Fame Breakfast went off very well in October with another outstanding class being inducted. They included:

**Peter DeMars**, '70, noted designer and engineer and community volunteer.

**Dr. Alan Kaye**, '79, noted anesthesiologist and prolific writer of technical manuscripts.

**Sandy Novak**, outstanding Athletic Director, coach, and past Foundation president.

**Michael Mistler**, '78, outstanding career in the Information Technology Industry, with a lot of community service.

Sandy also served as Master of Ceremonies and former U of A basketball star Joseph Blair was the guest speaker. He did a great job and was very entertaining.

The Board is looking to have another good year in 2012. The Dick Arnold Memorial Golf Tournament is set for **Saturday**,

**April 14th** and will not conflict with the Football Tournament this year. Our finances are such that we can help with most of the school's projects that are requested; and it is anticipated that the golf, dues and donations will give the funds needed to keep everything going.

The date for the Hall of Fame Breakfast has not been set but we do have two or three Hall of Fame candidates. Nominations are always in order and there are plenty of worthy Cougars out there. Come join us at the breakfast, see old friends, see the new gym, and honor the new Hall of Fame inductees.

You can also follow the activities of the Foundation on the website, [www.sahuarocougarfoundation.org](http://www.sahuarocougarfoundation.org), where you can find applications for membership, Hall of Fame nomination forms, contact information, class reunion information and how to get information on class mates.

Harry Johnson,  
**Once a Cougar,**  
**Always a Cougar**

See Pg. 5 for more photos and article

## Golf Tournament Door Prize Donations Sought; Can You Contribute Something Fun, Usable, Useful, Or ?



The Cougar Foundation is in need of items to be raffled or given as prizes during this year's Dick Arnold Sahuaro Cougar Foundation Golf Tournament. The prizes may be anything from golf paraphernalia to breakfast, lunch and dinner coupons, personal care to samples, and professional services to objects of art or clothing. Whatever you might consider, the foundation would love to have!

Your donations make the golf tournament, our largest fundraiser, more inviting and fun for

participants as well as providing you with free advertising. The donation will be featured in the program and mentioned during the lunch that follows the tournament.

To contribute a raffle or golf prize, please contact one of the following board members:

Penn Hightower	(520) 465-7749
Darren Gargus	(520) 390-6652
Fran Johnson	(520) 247-0336



***Dick Arnold Memorial Sahuaro Cougar Foundation  
2012 Golf Tournament: Honorary Chairman, Cindy Rarick***



*Cindy Rarick*  
Honorary 2012 Tournament  
Chairman

This year's Dick Arnold Memorial Sahuaro Cougar Foundation Golf Tournament will be held on Saturday, April 14, 2012 at the **49'ers Country Club**. Former LPGA player and Sahuaro alum, **Cindy Rarick**, will serve once again as the **Honorary Tournament Chairman**. There, of course, will be prizes and lots of fun for all.

looking for a headline sponsor for the tournament. If you are interested, please call Penn Hightower, Class of '72 at 520-465-7749. There is a limit of 125 players, so get your foursomes lined up and your entries in early. To register use the form found below or request one by email at: [info@sahuarocougarfoundation.org](mailto:info@sahuarocougarfoundation.org) and an application will be mailed to you.

The Golf Tournament Committee is

<p><u>Platinum Sponsor - \$400</u></p> <ul style="list-style-type: none"> <li>◆ 1 Tee Sponsor</li> <li>◆ Golf Foursome</li> <li>◆ 2 Additional Lunches</li> <li>◆ Special Recognition</li> </ul>	<p><u>Tee Sponsor - \$125</u></p> <ul style="list-style-type: none"> <li>◆ Signage</li> <li>◆ Representatives allowed on Tee</li> <li>◆ 2 Additional Lunches</li> </ul>
<p><u>Green Sponsor - \$75</u></p> <ul style="list-style-type: none"> <li>◆ Signage</li> </ul>	

**Saturday  
April 14, 2012**

**49ers  
Country Club**

**Registration:**  
6:30 a.m.

**Start Time:**  
7:30 a.m.

Contact Information  
**Darren Gargus**  
(520) 390-6652  
**Penn Hightower**  
Tournament Chairman  
(520) 465-7749  
**Fran Johnson**  
Secretary-Treasurer  
(520) 247-0336

**REGISTRATION**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Company/Address: \_\_\_\_\_

- ◆ I would like to donate a raffle prize \_\_\_\_\_
- ◆ I would like to join the Cougar Foundation for \$25 \_\_\_\_\_

Foursome Registration - Singles Encouraged

1. \_\_\_\_\_  
Name, Company, phone or e-mail
2. \_\_\_\_\_  
Name, Company, phone or e-mail
3. \_\_\_\_\_  
Name, Company, phone or e-mail
4. \_\_\_\_\_  
Name, Company, phone or e-mail

Total Amount Enclosed:  
 Registration \$80 \_\_\_\_\_ Includes Golf & Lunch  
 Foundation Dues \$25 \_\_\_\_\_  
 Total \_\_\_\_\_

Platinum Sponsor \$400 \_\_\_\_\_  
 Tee Sponsor \$125 \_\_\_\_\_  
 Green Sponsor \$75 \_\_\_\_\_  
 Total \_\_\_\_\_

Please make checks payable to:  
**Sahuaro Cougar Foundation**

Mail checks and registration to:  
**Sahuaro Cougar Foundation**  
P.O. Box 18181  
Tucson, AZ 85731

Tournament proceeds go toward student scholarships and other worthy projects that directly benefit Sahuaro students and the Sahuaro Community.

**The Editor's Pick:**

**Heroes and Heroines & Other Notes of Interest** *By Marti Jones, Editor*



Notes for the editor may be sent to: [mjones47@q.com](mailto:mjones47@q.com)

**T  
h  
a  
n  
k  
  
Y  
o  
u**

What a wonderful year, 2011! The generosity of the Sahuaro Community is awesome! And, through this generosity, the Sahuaro Cougar Foundation provides scholarships, mini-grants, and continuing education for faculty.

Thank You! The following donations were received with much appreciation and are being put to good use financing scholarships, capital projects, and student and faculty needs. These donations were received between April 2011 and December 2011:

- \$1000**  
John Hanshaw – '72
- \$500**  
David Ashcraft – '70 & Retired Faculty  
Chris DeMars – '71
- \$250**  
Don Aquilano – '84  
Jan Boyd – Retired Faculty  
Class of 1971  
Harry & Fran Johnson – Retired Faculty  
Stevenson, Jones, & Holmaas
- \$175**  
Jeff Lockwood – Retired Faculty
- \$125**  
Sally Spencer – '70  
Pacific Life Foundation (matching funds for Sally Spencer)
- \$100**  
David Ashcraft – '70 & Retired Faculty  
Gail Marten
- \$75**  
Charles Adams – Retired Faculty
- \$70**  
Kim Kaye
- \$60**  
Doug & Beth Brinkley  
Sally & Howard Breinig – Retired Faculty
- \$55**  
Marti Jones – Retired Faculty
- \$50**  
Patti Amado – '78 (In honor of Harry Johnson)  
Richard Cooper – Retired Faculty  
Joan Richardson – Retired Administrator  
Anne Segal – '71

- Robert Svob – In honor of Tim Ashcraft
- \$40**  
Denise Celentano – '78  
Peter DeMars – '70  
Lela Freiman – Retired Faculty
- \$30**  
David Dingeldine – '77
- \$25**  
Patti Amado – '78  
Jan Boyd – Retired Faculty (In honor of Harry Johnson)  
Anne Broyles – '71  
Denise Celentano – '78  
David Dingeldine – '77  
Florence Feldman  
Judy Hokett – Retired Administrator  
Adam Kaye – '87  
Joel Kaye  
Kim Kaye  
Lois Marten  
Michael Mistler – '78  
Sandy Novak – Faculty (In honor of Harry Johnson)  
Lynn Richards – '79  
David Stopani  
Steve Weinstein – '73
- \$20**  
Barbara Kies
- \$10**  
Judy Goddard

.....

In Memoriam: **Dr. William (Bill) Ullery** (Class of 1972) passed away on January 1, 2012. Bill was a swimmer, mathematician, teacher, professor, and friend. Dr. Ullery earned an undergraduate degree from Harvard and graduate degrees from the University of Arizona. As a Professor of Mathematics, Bill held teaching positions at University of Arizona, University of Kansas, and since 1987 at Auburn University where he was a researcher and where he attained full professorship in 1997, remaining there until his death. Bill was on the swim team at Sahuaro, served on the rowing crew at Harvard, and as an adult ran marathons and played softball. Memorial donations may be made to the Muscular Dystrophy Association.





Dr. David Ashcraft (above) is presenting a Certificate and photo of son CPT Tim Ashcraft. An American flag that had been flown in Afghanistan was also presented during the Cougar Foundation Hall of Fame Fall Breakfast. The flag is now displayed in the trophy case in the Hall of Fame Gallery in the lobby of the McConnell Gym.

## Sahuaro Alum Returns from Afghanistan; Donates Flag Flown in Honor of Sahuaro Cougar Foundation

US Army Captain Tim Ashcraft (SHS '03) returned home last summer, 2011, following a year-long deployment to Eastern Afghanistan where he flew the AH-64D Apache Longbow Helicopter in support of Operation Enduring Freedom. CPT Ashcraft has logged over 1000 flight hours, 900 of which were in Afghanistan. During his tour, he flew 180 combat missions, and also assisted in the rescue of numerous Afghani villagers in the midst of the severe flooding that occurred last fall. Prior to his redeployment to Fort Hood, Texas, CPT Ashcraft earned both Pilot-in-Command and Air Mission Commander designations. In addition, he was awarded six medals including the Air Medal for Exceptionally Meritorious Achievement and Valor for displaying complete disregard for his own safety while saving the lives of soldiers on the ground.



On December 13, 2010, CPT Ashcraft flew an American Flag over the country of Afghanistan for 2.9 combat hours in an aerial and reconnaissance mission in support of OEF. The flag was flown in honor of the Sahuaro Cougar Foundation, and was presented by his father and mother, Drs. David and Joan Ashcraft, at the Cougar Foundation Breakfast and Hall of Fame Induction on October 22, 2011.

While a student at Sahuaro, CPT Ashcraft lettered in Academics, Choir, Orchestra, Football, Soccer and Baseball. A member of Boys State, he was also selected as the first Everyday Heroes Student of the Year by the Arizona Interscholastic Association. The flag represents a small token of his thanks for the role Sahuaro played in his educational, social, and character development.

CPT Ashcraft is in the top row, left. The flag was presented to Sahuaro High School Cougar Foundation on October 22, 2011.

## REUNIONS & THINGS: CLASS OF 1971 MAKES DONATION



Scott Rumel presenting donation from Class of 1971 to Sandy Novak at Foundation Breakfast

At the Foundation breakfast, Scott Rumel presented a check in the amount of \$250 from the Class of 1971 as a result of their 40<sup>th</sup> Reunion, which was held in October. Thank you, Class of 1971!

The Class of 1971 reunion was well attended and enjoyed by the classmates. The Foundation encourages reunions to give us

highlights of any and all of their get-togethers which can be included in the Cougar Tracks.

If there are other upcoming reunions or events or pictures to share, please let us know by emailing [info@cougarfoundation.org](mailto:info@cougarfoundation.org).



## COUGAR TRACKS

*A Publication of the Sahuaro  
High School Cougar  
Foundation*

*Marti Jones, Editor*

Sahuaro  
High School  
Cougar Foundation

P.O. Box 18181  
Tucson, AZ 85731

FAX:  
Cougar Foundation  
c/o Sandy Novak  
520-731-7105

E-MAIL:  
info@  
SahuaroCougar  
Foundation.org

More Foundation and  
Sahuaro News at:

<http://sahuarohighschool.net>

<http://www.graduateconnections.com/sahuaro/>

<http://www.facebook.com/>  
(Search: Sahuaro High School)

Foundation Website

*See us at:*

[www.sahuarocougar  
foundation.org](http://www.sahuarocougarfoundation.org)

### Hall of Fame Nominations Accepted Year Round

Nominations for the Cougar Hall of Fame may be made at any time by accessing the Foundation website at: <http://sahuarocougarfoundation.org> or use the form in this newsletter. If you know someone whom you believe deserves to be honored by his or her peers, please let us know. See you at the fall 2012 Hall of Fame Breakfast!

### SCHOLARSHIPS: The Cougar Foundation Now Offering Continuing Education Scholarships for Faculty and Staff . . .

**[2012 SENIOR Scholarship Apps Due by April 16, 2012](#)**

The *Cougar Foundation Faculty/Staff Scholarship for Continuing Education* is an annual scholarship that provides **\$500 for one male and one female Sahuaro High School faculty or staff member.** Among the stated purposes of the Sahuaro Cougar Foundation is to *support activities, students, and staff of Sahuaro High School.* These scholarships help meet this goal.

The Faculty/Staff Scholarship will provide much needed financial assistance to employees who wish to continue their education. The continuing education must be taken at a two- or four-year institution of higher learning or in an approved educational program that will enhance classroom performance or student contact. To be considered, prospective candidates must have served at Sahuaro High School for at least two consecutive prior years.

The foundation also offers **two \$1200 scholarships for graduating seniors** (one female, one male) in the spring of each school year as well as mini-scholarships to students throughout the year for activities and enrichment programs. Grants are also offered to faculty for classroom projects or other stated needs.

For more information and to download applications and information go to the Cougar Foundation Website: [www.sahuarocougarfoundation.org](http://www.sahuarocougarfoundation.org)

## HALL OF FAME NOMINATIONS ACCEPTED YEAR ROUND

**ELIGIBILITY:** Anyone with Sahuaro connections who has made significant contributions to Sahuaro, the Foundation, their community, state or nation, or to mankind, in general, will be considered. Supporting letters or additional nominations by second parties are helpful. Nominations are accepted year round. Please use the detailed format that is located on our website: [www.sahuarocougarfoundation.org](http://www.sahuarocougarfoundation.org)

I would like to nominate \_\_\_\_\_  
as a candidate for the Sahuaro Cougar Foundation Hall of Fame. His/Her relationship to the school was:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Nominator:**

\_\_\_\_\_

**Address:**

\_\_\_\_\_

**City, State,  
Zip:**

**Phone:** \_\_\_\_\_

**Please forward this request to: Sahuaro High Cougar Foundation  
PO Box 18181, Tucson, AZ 85731, or email to [info@sahuarocougarfoundation.org](mailto:info@sahuarocougarfoundation.org)**

## MEMBERSHIP RENEWAL

The mission and purpose for the Foundation are:

- To perpetuate the history, traditions, and spirit of Sahuaro High School.
- To support the activities of its students and staff.
- To provide services to the Alumni.
- To invoke a system of honors and awards that recognizes the achievements of the students, staff and alumni.

Membership is open to anyone who has an interest in supporting the Foundation and its work.

Name \_\_\_\_\_ Class of \_\_\_\_\_  
Last First Maiden (if applicable)

Address \_\_\_\_\_  
Street City State Zip

Phone: Home \_\_\_\_\_ Work \_\_\_\_\_ Cell \_\_\_\_\_

Email: \_\_\_\_\_

**DUES: Individual \$25; Family \$40 per year: Note: Member year is now January 1 – December 31.**

Donations are gratefully accepted. Enclosed is my gift for:

\$1000     \$500     \$250     \$100     Other

- Gifts of \$1,000 or more will receive a lifetime foundation membership and their name on the donor plaque in the Cougar Hall of Fame.
- Gifts of \$500 & \$250 will have their name on the donor plaque in the Cougar Hall of Fame.

Make checks payable to "Sahuaro High Cougar Foundation". Donations and membership dues are tax deductible.

Dues: \_\_\_\_\_

Donation: \_\_\_\_\_

Total Enclosed: \_\_\_\_\_

Mail to: Sahuaro High Cougar Foundation

P O Box 18181

Tucson, AZ 85731

Email: [info@sahuarocougarfoundation.org](mailto:info@sahuarocougarfoundation.org)

SAHUARO HIGH COUGAR FOUNDATION  
P O BOX 18181  
TUCSON AZ 85731

**RETURN SERVICE REQUESTED**